WHAT'S ELIGIBLE?



We've assembled a list of common expenses that are eligible for reimbursement. Not all eligible items are on this list. Visit our website for more information: www.naviabenefits.com.

ELIGIBLE HEALTH CARE EXPENSES

Items marked with an asterisk (*) are considered over-the-counter (OTC) medicines or drugs and require a prescription for reimbursement.

Acne treatment*
Acupuncture
Allergy & Sinus medication*
Antacids*
Antibiotic ointment*
Anti-diarrheal*
Antifungal foot cream*
Anti-gas medication*
Anti-itch cream/gel*
Antiseptic*
Asthma treatment*
Bandages/gauze

Birthing classes or Lamaze Blood pressure monitor Braces (knee, ankle, wrist) Breast pump

Burn cream*
Chiropractic services
Coinsurance

Cold/hot pack
Cold sore treatment*
Cold/cough medication*
Compression stockings
Contacts & solutions

Contraceptives
Copays
CPAP machine
Crutches
Deductibles
Dental services
Diabetic supplies
Diaper rash ointment*
Digestive Aids*

Drug addiction treatment Ear wax removal kits*

Eye drops

Feminine Anti-Fungal/Anti-

Itch*

Fertility monitor
Fertility treatment
First Aid Kit
Flu shots
Genetic testing
Group therapy
Hearing aids & supplies
Hemorrhoid medication*

Hemorrhoid medica Hormone therapy Hospital fees Humidifiers Immunizations Incontinence supplies Individual counseling Insect bite treatment*

Lactation Consultant
Lactose intolerance pills*

Laser eye surgery Laxative*

Lab work

Lice treatment products*

Massage therapy Medical records

Nasal strips

Motion sickness relief*

Naturopathic visits
Orthodontia
Orthotic inserts

Oxygen and equipment Pain relievers* Parasitic treatment*

Physical exams Physical therapy Pregnancy test Prenatal vitamins Prescription drugs Prescription glasses Reading glasses

Respiratory Treatments*
Saline nasal spray
Sleep Aids & Sedatives*
Sleep deprivation treatment

Smoking cessation

products*

Smoking cessation programs

Speech therapy

Sterilization procedures

Stool softener*
Thermometer
Throat lozenges*
Vision care
Walker

Wart treatment*
Wheelchair & repair

X-rays

ADDITIONAL DOCUMENTATION REQUIRED

Certain medical expenses are not reimbursable unless a licensed health care practitioner states that the service or product is medically necessary. We will need a Letter of Medical Necessity (LMN) for these items to be reimbursed. The LMN is available on our website. Please note that certain expenses may require additional documentation to be reimbursed.

Automobile modificationsCosmetic proceduresLumbar supportVitamins and supplementsBraille booksFamily therapyMole removalWeight loss programsBreast augmentationHome medical equipmentMotorized scooterBreast reductionLearning disability feesNutritionist expenses

INELIGIBLE HEALTH CARE EXPENSES

The following expenses are **not** eligible. Under no circumstances will the following items be reimbursed. Please do not submit claims for these items.

Books Funeral expenses Insurance premiums Hair growth products Boutique practice fees Gym membership Electric toothbrush/picks Late fees COBRA premiums Hair transplant Teeth whitening Liposuction College insurance Household help Marijuana **Toiletries** Veneers **CPR** classes Hygiene products Marriage counseling Massage chair Electrolysis/laser hair removal Illegal operations/substances Warranties Face lift Imported OTC items Mattress

Finance charges Imported prescriptions Missed appointment fee